

CONSCIOUS LEADERSHIP PROGRAM

In a highly competitive job market and an increasingly diverse workforce, **conscious leadership isn't about personal development; it's a business imperative.** This course is designed for anyone in a leadership or managerial role.

AT A GLANCE

- 12 Modules
- 50 hours of training (25 self-study/25 live sessions)
- Group learning and one-on-one coaching
- Fully customizable to meet the needs of your company and team

MODULES

Introduction to Conscious Leadership
Self Awareness & Mindfulness
Emotional Intelligence
Leading with Compassion
Growth Mindset
Embracing Inclusivity
Authenticity & Curiosity
Systems minded Leadership
Communication and feedback
Strength & Vision
Self Care
Legacy

BENEFITS

Organizations focusing on leadership and culture as performance drivers are **220% more likely to meet their financial targets** and **540% more effective at recruiting top talent.** (Bersin, 2021)



SCAN TO LEARN MORE

